

## Nitrate in irrigation water and its impact on growth of wheat and lettuce

E. M. Tawfik\*, A. M. Mashhour, and E. S. E. Abd El-Hady.

Department of Soils and Water, Faculty of Agriculture, Al-Azhar University, Cairo, Egypt.

\* Corresponding author E-mail: esamtawfik@azhar.edu.eg (E. Tawfik)

### ABSTRACT:

A pot experiment was carried out to evaluate the impact of nitrate concentration in irrigation water as one of the miscellaneous or accidental effects on irrigation water on the growth of wheat and lettuce plants. The pots are filled with sandy soil, irrigated at field capacity with different concentration of nitrate; 0, 10, 20, and 50 mg L<sup>-1</sup> from planting to harvest. The results indicated that all growth parameters of wheat and lettuce was rising by rising nitrate levels to 50 mg L<sup>-1</sup>, but grain yield of wheat was non-significantly decreased at 50 mg L<sup>-1</sup> with 3.52% decline comparison control. Furthermore, nitrate in lettuce wasn't harmful to human because nitrate didn't exceed the permissible limits. We concluded that wheat might be irrigated with water containing up to 20 mg L<sup>-1</sup> NO<sub>3</sub>- without any decline in the grain yield, while in the lettuce plants, water could be used containing up to 50 mg L<sup>-1</sup> nitrate concentration without any harmful effect on consumers from nitrate accumulation in lettuce leaves, as nitrate contents didn't exceed the permissible limits. This water is used with the recommended fertilization for both crops.

**Keywords:** water quality; nitrate; wheat; lettuce.

### INTRODUCTION:

Nitrogen in the applied irrigation water is generally beneficial for most crops but may cause problems for some. Nitrate loss from soil profile by leaching to drainage and ground water, explains its presence in irrigation water with markedly quantity (Hansen et al., 2019; Hosono et al., 2023; Jahangir et al., 2012; Nolan et al., 2012; Vinod et al., 2015). One of the miscellaneous problems that effect irrigation water quality is excessive nitrogen, which causes excessive and strong growth, lodging, delayed and irregular ripening, and decline yield quantity, quality, and marketability. Wheat and corn are examples of tolerate crops that can withstand up to 30 mg L<sup>-1</sup>, while grapes, apricots, and cotton sensitive crops cannot tolerate more than 5 mg L<sup>-1</sup> nitrate (Ayers and Westcot, 1985). Many researchers focused on studying nitrate in irrigation water and its impact on plants especially leafy vegetables. In leafy vegetables as lettuce fresh, nitrate accumulated with significant amounts, that lead to harmful effects on costumers health (Bondonno et al., 2018; Chetty et al., 2019; Colonna et al., 2016; Kiani et al., 2022; Uddin et al., 2021; Zendehbad et al., 2022). Nitrate metabolites possess significant physiological and pharmaceutical characteristics such as those related to tissue protection and vasoregulation (European Food Safety, 2008). There is no evidence that nitrates in water, meat, and vegetables are carcinogenic (Bondonno et al., 2018). There are regulatory limitations on the production and marketing of specific vegetables, despite the fact that there is

disagreement between theories that confirm harm effects of nitrates to human health and those that reject this effect (Cavaiuolo and Ferrante, 2014). Nitrate accumulation in vegetables has drawn increasing attention due to its harmful effects on human health. After entering the body nitrate NO<sub>3</sub> can be converted to nitrite NO<sub>2</sub> by bacteria and certain enzymes found in the human digestive system. Next, nitrite enters bloodstream, combining with hemoglobin converting Fe<sup>+2</sup> to Fe<sup>+3</sup> by oxidation. This inhibits the bloodstream system's ability to transmit oxygen and causes methaemoglobinemia, which is more dangerous for children. More seriously, when nitrite reacts with amines and amides, it can produce the well-known cancer-causing chemicals nitrosamine and nitrosamide (Choi, 1985) and (Walker, 1990). Nitrate from vegetables is now recognized as an essential bioactive phytochemical with cardioprotective qualities, reduced blood pressure, and improvements in other vascular health indicators. Besides that, studies show that 85% of the dietary nitrate consumption across many communities comes from fruits and vegetables, which have a high nitrate concentration. (Bondonno et al., 2018). In canola the number of seeds per pod, seed production, and oil content all declined as nitrogen fertilizer application levels are rising (Cheema et al., 2001). Also, Rathke et al. (2005) found that the oil content of canola reduced as a consequence of high N rates, while seed yield and crude protein content raised. Generally, the most suitable amount of N to use depends on whether producing a high oil content or high

seed yield. Oil yield is often, the major management. Nitrate fertilizer supply significantly enhanced nitrate accumulation in vegetables compared to ammonium N fertilizer supply. An excessive nitrogen fertilizer dose resulted in a decrease in yield. However, nitrate levels in vegetables as a whole showed a positive correlation with N rates. (Wang and Li, 2004). Leaf area of rice increased as the amount of N in the growth media increased. Nevertheless, higher levels of N in the growth media had a negative impact on grain production and Fe content in the leaves and grains (Panda et al., 2012). Geren (2015) found that the quinoa plant height, grain yield, harvest index, thousand grain weight, grain yield and crude protein content of seed were increased by levels N fertilizer up to 150 kg ha<sup>-1</sup>, while rise dose until 175 kg ha<sup>-1</sup> led to reduce all parameters except plant height and crude protein content of seed. The excessive nitrogen supply had a negative impact on sesame seed quality. In fact, N fertilizer enhanced the accumulation of proteins until 57.16%, in detriment of oil and sugars that reduced by 49.43% and 16.27%, respectively. Moreover, there was a considerable decrease in the quantity of flavonoids, total phenolics, and antioxidant activity (Elhanafi et al., 2019). The purpose of this study was evaluated of the impact of nitrate in irrigation water on growth of wheat and lettuce plants.

## MATERIALS AND METHODS

A pot experiment was conducted in winter season of 2019/2020 at the farm of Soils & Water Department, Faculty of Agriculture, Al-Azhar University, Cairo, Egypt. The plastic pots packed with 12 kg of sandy soil, some physical and chemical analysis of soil are were recent in Tables (1 and 2). 15 grains of wheat were sown in each pot on 25 November 2019. After complete germination, wheat was thinned to 10 plants pot<sup>-1</sup>. The plants were harvested on 28 April 2020 after 155 days. Then some growth parameters (straw dry weight, grains yield) were estimated as well as NPK content and uptake. Also, lettuce plant cultivated in winter season of 2020/2021 in plastic pots packed with 20 kg sandy soil. Lettuce seeds were sown in arboretum trays on 25 October 2020. After one month, one lettuce plant was transplanting in each pot. The plants were harvested on 14 January 2021. Then some growth parameters (head fresh weight, head dry weight) were estimated as well as NO<sub>3</sub>, P, and K content and uptake. Wheat and lettuce were irrigated at field capacity from planting

until harvest with tap water (table 3) contain 0, 10, 20, and 50 mg L<sup>-1</sup> NO<sub>3</sub><sup>-</sup>, which prepared from Ca(NO<sub>3</sub>)<sub>2</sub> and KNO<sub>3</sub> salts. The fertilizers were added to wheat and lettuce as recommended doses by Ministry of Agriculture in Egypt. Where the organic fertilizer was farmyard manure. The used mineral fertilizers were ammonium nitrate (33.5% N-NH<sub>4</sub> - NO<sub>3</sub> as a source of nitrogen), super phosphate (12.5% P<sub>2</sub>O<sub>5</sub> as a source of phosphorus) and potassium sulphate (50% K<sub>2</sub>O as a source of potassium).

The plant samples were air dried then oven at 70 °C until constant of dry weight. The dry samples were then ground in a stainless steel mill to prepare them for digestion. Wet digestion for straw, grains for wheat and head lettuce. 0.2 gram of powder plant tissues its digested using a mixture of H<sub>2</sub>O<sub>2</sub> and H<sub>2</sub>SO<sub>4</sub> conc. according to the procedure of Parkinson and Allen (1975). Total nitrogen was determined following the micro-kjeldahl method as described by Baker and Thompson (1992). Nitrate was determined rapid colorimetric determination by nitration of salicylic acid with a spectrophotometer according to Cataldo et al. (1975), Phosphorus was determined by colorimetric method by an acidified solution of ammonium molybdate and antimony potassium tartrate, containing ascorbic acid, measured absorbed light (blue solution at 660 nm) with a spectrophotometer, obtained by Moore (1992) and potassium were measured in the digested extract using the flame photometer, according to Page et al. (1982).

## Soil analysis

Particles size distribution according to the international pipette (Gee and Bauder, 1986). Moisture content and porosity by (Estefan, 2013). EC, pH, total CaCO<sub>3</sub>, Ca, Mg, Cl, K, and Na by (Jackson, 1973). CO<sub>3</sub><sup>2-</sup> and HCO<sub>3</sub><sup>-</sup> by (Bower and Wilcox, 1965). The experiments were designed as a single factor of complete randomized design with three replicates for each treatment. Significantly different according to Duncan's multiple range test at the 0.05 level (DMRTs) by SPSS 20 program.

## RESULTS AND DISCUSSION

### Effect of nitrate in irrigation water on NPK content, uptake and productivity of wheat yield.

Data found in Table 4 and illustrated by Fig. 1 show that the impact of nitrate in irrigation water on wheat crop. Where that all growth parameters of wheat increased with

increasing of  $\text{NO}_3^-$  at  $50 \text{ mg L}^{-1}$ . The increasing in N and K content% and uptake  $\text{mg pot}^{-1}$  in straw and grains are significantly increased, while phosphorus content% and uptake  $\text{mg pot}^{-1}$  in straw were significantly decreased with increasing  $\text{NO}_3^-$ . The highest straw yields were  $44.93$  obtained with  $50 \text{ mg L}^{-1} \text{NO}_3^-$  and decreased  $42.68 \text{ g pot}^{-1}$  obtained with control  $0.0 \text{ NO}_3^-$ , while the lowest grain yields were  $82.75$  obtained with  $50 \text{ mg L}^{-1} \text{NO}_3^-$  and increased  $88.33 \text{ g pot}^{-1}$  obtained with  $10 \text{ mg L}^{-1} \text{NO}_3^-$ . The excess percentage in straw at  $\text{NO}_3^-$  levels  $10, 20,$  and  $50 \text{ mg L}^{-1}$  compare to control were  $2.82, 3.21,$  and  $5.53\%$  respectively, while in grains, the increase is at  $10, 20 \text{ mg L}^{-1} \text{NO}_3^-$  only, were  $3.04, 1.28\%$  respectively, on the other hand, the grain yields decline at  $50 \text{ mg L}^{-1} \text{NO}_3^-$  compared to control by  $3.52\%$ . Nitrogen content% and uptake  $\text{mg pot}^{-1}$  were  $1.56, 665.45$  for straw and  $2.37, 2032.38$  for grains and increased by  $1.89, 850.37$  and  $2.58, 2166.63$  with increasing  $\text{NO}_3^-$ . The highest values of phosphorus content % and uptake  $\text{mg pot}^{-1}$  were  $0.35, 151.82$  for straw obtained at  $10 \text{ mg L}^{-1} \text{NO}_3^-$  and  $0.55, 471.90$  for grains and the lowest values were  $0.23, 104.84$  and  $0.38, 311.92$  obtained at  $50 \text{ mg L}^{-1} \text{NO}_3^-$ . Potassium content% and uptake  $\text{mg pot}^{-1}$  were  $1.95, 831.30$  for straw and  $2.20, 1888.98$  for grains and increased by  $2.21, 994.08$  and  $2.67, 2209.86$  with increasing of  $\text{NO}_3^-$  concentration from  $0.0$  to  $50 \text{ mg L}^{-1}$ . The increase in all estimated straw, grains, nitrogen, phosphorus and potassium, content % and uptake  $\text{mg pot}^{-1}$  in straw and grains, due to increasing of nitrate in irrigation water, which led to increasing of vegetative growth for wheat crop. The results are compatible with those of Crook and Ennos (1995), they showed that plant morphological features, stalk physical strength, and lodging resistance in wheat were affected by increased N rates. Pramanik and Bera (2013) found that in rice crop, grain production raised continuously with nitrogen level rise up to  $150 \text{ kg ha}^{-1}$  and reduced with additional N fertilizer application  $200 \text{ kg N ha}^{-1}$ , despite of the plant height, yields of straw, and total chlorophyll increased as nitrogen levels increased. Imdad Ullah et al. (2018) found that the rising nitrogen rates led to enhanced vegetative growth, nevertheless grain yield of wheat crop was decreased. Furthermore, Guo et al. (2019) indicated that nitrate treatment of wheat plants, boosted biomass, photosynthetic productivity, root development, and N absorption. After that, N and K were shown to interact synergistically to produce a combined effect greater than the sum of their separate effects.

### Effect of nitrate in irrigation water on $\text{NO}_3^-$ , P and K content, uptake and productivity of lettuce plant

The growth of lettuce plant significantly boosted when irrigated by high levels of nitrate in comparison with the control, as shown in Table 5 and Fig. 2. Fresh and dry weights and the content of  $\text{NO}_3^-$ , P and K have been positively impacted, respectively, the plant content of several elements reflected in  $\text{NO}_3^-$  and K grew dramatically, but P content significantly decreased. The data are strongly support the effectiveness of nitrate high levels in irrigation water under critical levels in enhancing plant growth. Therefore, the range of mean values of fresh and dry weight from  $666.13$  to  $859.17$  and  $42.62$  to  $45.07 \text{ g pot}^{-1}$ , respectively. Where, the excess percentages  $6.07, 20.08,$  and  $29.18\%$  for fresh weight and  $2.43, 4.85,$  and  $5.96\%$  for dry weight at levels of nitrate  $10, 20,$  and  $50 \text{ mg L}^{-1}$ , respectively, in comparison with control. Where excess% was significant in fresh weight while non-significant in dry weight. As a result of this, the range of nitrate content  $\text{mg kg}^{-1}$  fresh weight in head lettuce ranged between  $39.67$  to  $544.67 \text{ mg kg}^{-1}$  fresh weights. Thus, the range of uptake was from  $26.45$  to  $468.02 \text{ mg pot}^{-1}$  when rise nitrate up to  $50 \text{ mg L}^{-1}$ . The concentration of nitrate in lettuce plant under conditions of our experiment wasn't harmful to human because nitrate didn't exceed the permissible limits European (2006) reported that the maximum levels of nitrate in fresh lettuce ranged by  $2500$  to  $4500 \text{ mg kg}^{-1}$  fresh weight. Furthermore, Guffanti et al. (2022) mentioned that the green leafy plants like lettuce can accumulate elevated levels of nitrate, which is a critical risk for humans. Based on this principle, lettuce plants can be irrigated with irrigation water with a nitrate concentration of up to  $50 \text{ mg L}^{-1}$ . Moreover, the range of phosphorus and potassium as content and uptake were from  $0.75$  to  $0.70\%$ ,  $338.02$  to  $316.75 \text{ mg pot}^{-1}$  and  $3.34$  to  $3.51\%$ ,  $1422.36$  to  $1580.63 \text{ mg pot}^{-1}$ , respectively, at levels of nitrate in irrigation water. These findings are in harmony with those of Kučerová et al. (2021), they indicated that the nitrate was primarily responsible for an enhancement in dry weight, photosynthetic pigment content, photosynthetic rate, and overall improvement in morphology of lettuce plants.

### CONCLUSION:

we concluded from this study, that different sources of water can be used to irrigate wheat crop, which containing up to  $20$

mg L<sup>-1</sup> NO<sub>3</sub><sup>-</sup> without affecting the grain yield or delaying the maturity of the crop. While for the lettuce plants, it can utilization water contain up to 50 mg L<sup>-1</sup> NO<sub>3</sub><sup>-</sup> without any harmful for consumers from nitrate accumulation in the leaf of lettuce. Whereas the nitrate concentration in plant leaves didn't exceed the permissible limits. This study recommend to use other plants and irrigating them with water that contains higher concentration of nitrate, in order to know the permissible limits for irrigation of these plants.

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**Table1:** Some chemical analysis for soil used in plantation.

pH (1:1)	CEC mmol./100g	CaCO <sub>3</sub> %	EC dSm <sup>-1</sup> (1:2.5)	Soluble cations mmol. kg <sup>-1</sup>				Soluble anions mmol. kg <sup>-1</sup>			
				Ca <sup>+2</sup>	Mg <sup>+2</sup>	Na <sup>+</sup>	K <sup>+</sup>	CO <sub>3</sub> <sup>-2</sup>	HCO <sub>3</sub> <sup>-</sup>	Cl <sup>-</sup>	SO <sub>4</sub> <sup>-2</sup>
7.75	2.16	0.48	0.45	4.2	2.05	3.88	1.15	-	4.55	2.83	3.9

**Table 2:** Some physical analysis for soil used in plantation.

Particle size distribution				Bulk density g.cm <sup>-3</sup>	Porosity %	S.P %	F.C %	A.W %
Sand	Silt %	Clay %	Texture					
95.7	1.7	2.6	Sand	1.7	23.87	19	9	5

(A.W) available water (F.C) field capacity (S.P) saturation percent %

**Table 3:** Chemical properties for irrigation water (tap water).

EC dS m <sup>-1</sup>	pH	Soluble cations mmol <sub>c</sub> L <sup>-1</sup>				Soluble anions mmol <sub>c</sub> L <sup>-1</sup>			
		Ca <sup>+2</sup>	Mg <sup>+2</sup>	Na <sup>+</sup>	K <sup>+</sup>	CO <sub>3</sub> <sup>-2</sup>	HCO <sub>3</sub> <sup>-</sup>	Cl <sup>-</sup>	SO <sub>4</sub> <sup>-2</sup>
0.38	7.48	1.26	0.81	1.23	0.42	-	1.22	1.14	1.36

**Table 4:** Impacts of nitrate content in irrigation water on NPK content, and uptake in straw and grain of wheat yield.

NO <sub>3</sub> mg L <sup>-1</sup>	Straw g pot <sup>-1</sup>	Excess %	Straw					
			content %			uptake mg.pot <sup>-1</sup>		
			N	P	K	N	P	K
0	42.68a	0.00a	1.56c	0.34a	1.95c	665.45c	144.60a	831.30c
10	43.77a	2.82a	1.63c	0.35a	2.05bc	714.73c	151.82a	898.98bc
20	43.93a	3.21a	1.75b	0.28b	2.17ab	770.26b	124.22b	953.09ab
50	44.93a	5.53a	1.89a	0.23c	2.21a	850.37a	104.84c	994.08a

NO <sub>3</sub> mg L <sup>-1</sup>	Grain g pot <sup>-1</sup>	Excess %	Grains					
			content %			uptake mg.pot <sup>-1</sup>		
			N	P	K	N	P	K
0	85.78ab	0.00a	2.37c	0.55a	2.20d	2032.38b	471.90a	1888.98b
10	88.33a	3.04a	2.41c	0.50b	2.38c	2128.43a	438.59a	2104.98a
20	86.80ab	1.28a	2.50b	0.43c	2.51b	2166.63a	370.17b	2179.52a
50	82.75b	-3.52a	2.58a	0.38d	2.67a	2131.79a	311.92c	2209.86a

Means within the same column followed by different letters are significantly different according to Duncan's multiple range test at the 0.05 level (DMRTs).

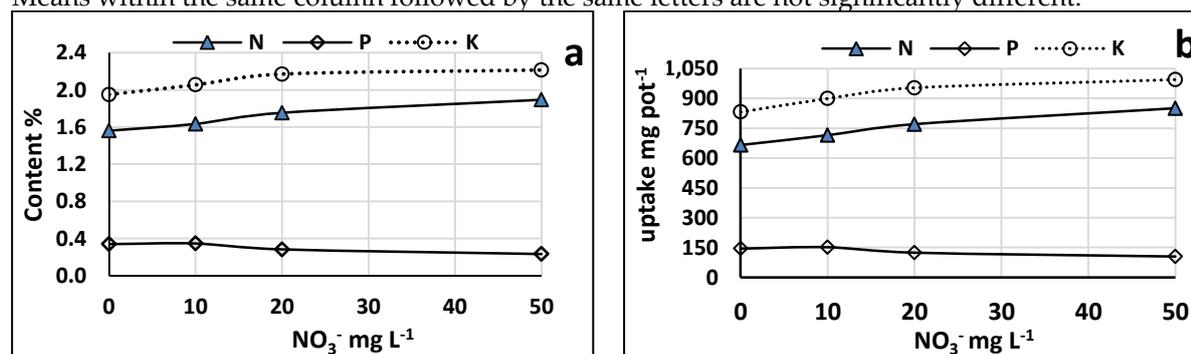
Means within the same column followed by the same letters are not significantly different.

**Table 5:** Impacts of nitrate in irrigation water on fresh, dry weight, yield excess %, NO<sub>3</sub>, P, and K in head of lettuce.

NO <sub>3</sub> mg L <sup>-1</sup>	Fresh g pot <sup>-1</sup>	excess %	Dry g pot <sup>-1</sup>	Excess %	content % (NO <sub>3</sub> mg kg <sup>-1</sup> FW)			uptake mg pot <sup>-1</sup>		
					NO <sub>3</sub>	P	K	NO <sub>3</sub>	P	K
					0.00	666.13b	0.00c	42.62a	0.00a	39.67d
10.00	706.47b	6.07bc	43.57a	2.43a	162.33c	0.78a	3.40b	114.66c	338.02a	1481.65ba
20.00	798.27a	20.08ab	44.63a	4.85a	276.33b	0.71ab	3.45ab	220.66b	316.75a	1541.29a
50.00	859.17a	29.18a	45.07a	5.96a	544.67a	0.70a	3.51a	468.02a	317.04a	1580.63a

Means within the same column followed by different letters are significantly different according to Duncan's multiple range test at the 0.05 level (DMRTs).

Means within the same column followed by the same letters are not significantly different.



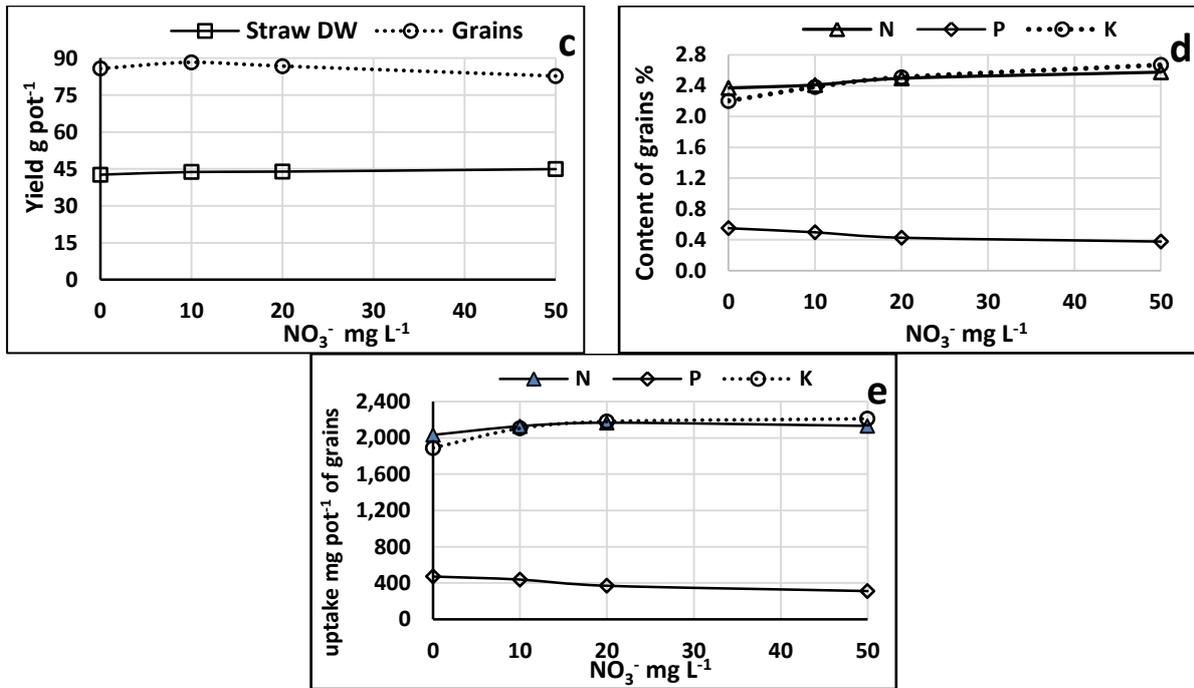
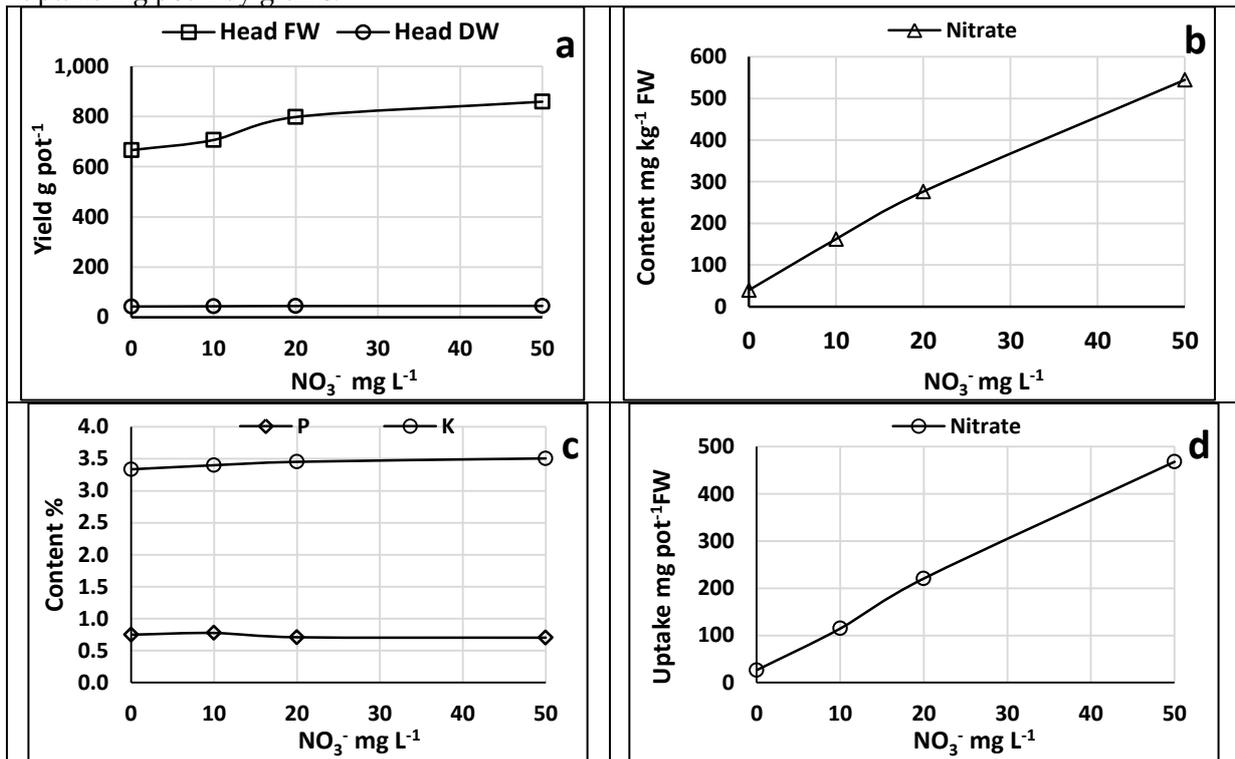
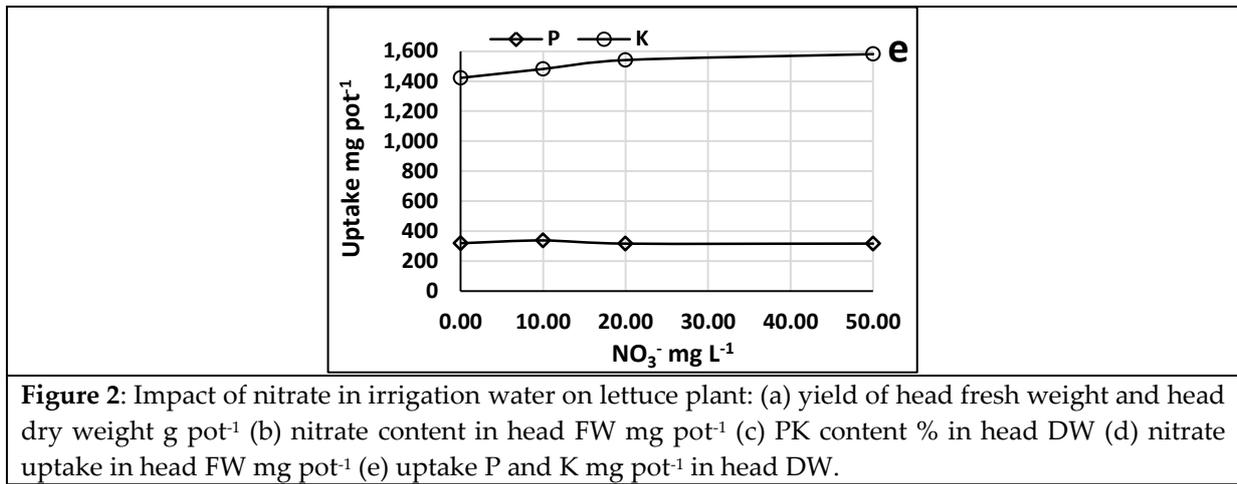


Figure 1: Impact of nitrate in irrigation water on wheat crop: (a) NPK content % in straw. (b) NPK uptake mg pot<sup>-1</sup> in straw. (c) yield of straw and grains g pot<sup>-1</sup>. (d) NPK content % in grains. (e) NPK uptake mg pot<sup>-1</sup> by grains.





**Figure 2:** Impact of nitrate in irrigation water on lettuce plant: (a) yield of head fresh weight and head dry weight g pot<sup>-1</sup> (b) nitrate content in head FW mg pot<sup>-1</sup> (c) PK content % in head DW (d) nitrate uptake in head FW mg pot<sup>-1</sup> (e) uptake P and K mg pot<sup>-1</sup> in head DW.

### النترات في مياه الري وأثرها على نمو القمح والحس

عصام محمد توفيق\*، علي محمد عبدالوهاب مشهور، عماد سعيد السيد عبدالهادي.

قسم الأراضي والمياه، كلية الزراعة، جامعة الأزهر، القاهرة، مصر

\* البريد الإلكتروني للباحث الرئيسي: esamtawfik@azhar.edu.eg

#### الملخص العربي:

أجريت تجربة أصص لمعرفة تأثير النترات في مياه الري على نمو كل من القمح والحس. حيث استخدمت تربة رملية. وكان تركيز النترات في مياه الري (صفر، 10، 20، 50 ملليجرام لكل لتر)، حيث رويت النباتات من الإنبات حتى الحصاد عند السعة الحقلية بهذه المياه. وقد أشارت النتائج إلى أن جميع مقاييس النمو لكلا المحصولين زادت بارتفاع مستويات النترات في مياه الري حتى 50 ملليجرام لكل لتر، بينما محصول الحبوب في القمح قد انخفض انخفاضاً غير معنوي عند الري بتركيز 50 ملليجرام لكل لتر نترات بنسبة 3.52% مقارنة بالكنترول. علاوة على ذلك فإن محتوى النترات في أوراق نبات الحس لم تكن ضارة للإنسان لأنها لم تتعدى الحدود المسموح بها. وعلى ذلك يمكن ري محصول القمح بمياه تحتوي على 20 ملليجرام لكل لتر نترات دون حدوث أي نقص في المحصول. بالإضافة إلى ري الحس بمياه تحتوي على تركيز 50 ملليجرام لكل لتر دون حدوث أي ضرر محتمل من تناول الحس.

الكلمات الاسترشادية: جودة مياه الري، النترات، القمح، الحس.